

## Get your plates and palates ready!

The first Night Food Market is on next Friday, November 10! The Market will run fortnightly on Fridays from 5.30pm-8.30pm with a break over Christmas and New Year. Please check the website for the latest dates.

Some of the vendors we have lined up include:

- Goldelights: Filipino food including pulled pork sandwiches, pork and chicken bbq, pork and shrimp steamed dumplings, pork adobo with rice and rice pudding
- Ceylon Food Mart: Sri Lankan food including dosas, hoppers, vada, and kottu roti (some vege and GF options)
- Jade's Manea: Blue cod burgers (GF option available)
- Bonsai: Korean cupbap noodle (yakisoba), okonomiyaki
- Sakura: sushi, curry rice, chicken gangjung
- Street Burger: beef burgers and homemade slaw
- Otoko Espresso: whitebait patties, venison burgers, fruit smoothies and coffee
- Kaimoana: seafood chowder and raw fish
- Pao's Pantry: sweet and savoury crepes (GF and vegan options available)
- Raw Power: gorgeous raw slices (GF and vegan)
- Colombia: different Colombian foods will be available throughout the season (some vege and GF options)
- Aurora Sweet Delights: chocolate and vanilla cupcakes



We're looking forward to some great music, including Emma Wells, Cook Island Drummers on the ukuleles, the African drumming group, and the Invercargill City Big Band. We are always looking for more talent keen to come along and have a jam so do get in touch if you are interested.

This year we have decided to try and reduce waste at the Night Food Market. We will be supplying side plates and cutlery for you to use, which we will wash afterwards. If you would prefer to take your food away, we would appreciate if you can try to bring your own container.

Please consider bringing your water bottle with you. However, we will also have cups available for you to use for filtered water from the water fountain in the community gardens.

## Refugee Settlement Info Sessions

From March next year the first refugees will be arriving in Invercargill from Columbia, so we are going to have a few sessions for the community to come down and learn some more about the history of Columbia and the Colombian and South American culture. In these sessions you will have the opportunity to ask questions, learn more about how refugees will be supported in Invercargill, and if interested,

find out how the community can help these new families. We will run three sessions over the next couple of months. Please take advantage of this opportunity to have your questions answered (as much as is possible) and learn more information about what lies ahead for Invercargill as the seventh Refugee Settlement City in New Zealand.

Times and dates of these sessions are:

Wednesday, November 15 at 12.15pm in the South Alive Hub.

Saturday, December 2 at 4pm in The Pantry.

Tuesday, December 12 at 7pm in the Pacific Island Advisory and Cultural Trust building.

## Flea Market this Saturday

Come down to South Alive's community flea market this Saturday from noon to pick up a bargain! All sorts available, and there will be a sausage sizzle and raffles too. Wet weather date is Nov 11th - see our Facebook page for updates.

## Thanks to our supporters

These businesses, people and organisations keep us Alive! So please support them whenever you can.

- Green Acres Golf Club for allowing us to borrow their chocolate wheel
- Fulton Hogan for their sponsorship of the repainting of lines on the community basketball court
- Able – Southern Family Support for the donation of fruit trees and their help with planting these
- Paul Cavanagh for the donation of beautiful succulents and plants for our plant bank
- i-Cue for their support with printing the Night Food Market corflute signs

**South Alive Action Group meetings this month – new members/potential members are welcome to attend.**

**Contact the South Alive office for more information or just show up. All welcome! ☺**

Housing Group – Tonight, Thursday, November 2, 6pm, South Alive office

Beautification Group – Saturday, November 4, 10am, South Alive office

Fruit and Nut Group – Tuesday, November 14, 7.30pm, contact Marie 027 207 8575

Arts Group – Contact the office for date,

South Alive Community Hub, South City Mall

## Guinness World Record Attempt

Come down and make history in South Invercargill with us. We are planning to set a Guinness World Record on Sunday, December 10 at 1.30pm and we would love you to be part of it! We are so grateful for the incredible support our community has shown to South Alive.

With the opening of The Pantry, and the first stage of The Pod not far from completion we thought it would be fun to get together and say, "Well done!" by setting the Guinness World Record for the "Longest human chain of people patting each other on the back".

We need 251 people to set the record, so please bring all your friends and family and come down on the day to join us as we set this fun record! Rain or shine, we will form a human chain in the community garden as we all give each other a pat on the back.

There will be a free sausage sizzle for everyone who participates.

Come down and be part of South Invercargill history – everyone welcome!



**GUINNESS WORLD RECORDS OFFICIAL ATTEMPT**

**LONGEST HUMAN CHAIN OF PEOPLE PATTING EACH OTHER ON THE BACK**

**HELP US SET THE WORLD RECORD!**

**SUNDAY 10TH DECEMBER**  
1.30 PM @  
**SOUTH ALIVE COMMUNITY PARK**  
(BESIDE THE PANTRY)

Shop 6, South City Mall, Elles Rd  
03 218 6882, [info@southalive.org.nz](mailto:info@southalive.org.nz)  
[www.southalive.org.nz](http://www.southalive.org.nz) / [facebook.com/SouthAlive](https://www.facebook.com/SouthAlive)

**FREE BBQ**

## Southland Champions

The powerful "Southland Champions" exhibition is now on in the South Alive Art Gallery and runs until November 26. "Southland Champions" is a high-profile project that showcases a very strong and positive message regarding violence in the Invercargill community.

Thank you to everyone who made this wonderful exhibition possible.

There is a colouring competition running alongside the exhibition, come down and take part for a chance to win vouchers for Dig This! White Ribbon riders will be judging the exhibition on November 22nd from 1pm.



## Pantry workshops

- Cheese and Yoghurt making. Learn how to make camembert, ricotta and cream cheese, coconut and dairy yoghurt – Sunday, November 5 at 4pm, \$20 waged, \$10 unwaged
- Meatfree Mondays. Free meal demonstration in store every Monday at 11am. Get the recipe free plus all you need to make the meal at home

## Can you help?

We have some awesome events and projects happening, and still need a few things to support these. Specifically we would love to accept donations of garden pots, side plates, cutlery and cups if anyone has any which they are no longer in need of and would be willing to donate to South Alive.

## What's On

### Community Flea Market

– Saturday, November 4, Noon, South Alive Community Gardens

### Cheese and yoghurt making workshop

– Sunday, November 5, 4pm -6pm, The Pantry, \$20waged/\$10unwaged

### Night Food Market

– Friday, November 10, 5.30pm, South Alive Community Park

### Refugee Settlement Info Session

– Wednesday, November 15, Noon, South Alive Hub

### Night Food Market

– Friday, November 24, 5.30pm, South Alive Community Park

### Southland Champions Exhibition

– Until November 26, 10am – 2pm, South Alive Community Artspace Gallery

### Writer's Group

– Wednesday, November 29, 3pm, South City Mall Atrium

### Meatless Mondays Cooking Demo

– every Monday, 11am, The Pantry, no charge

### Senior's Friendship Group

– every Tuesday, 2pm, South Alive Community Hub

### Craft Group

– every Wednesday, 10am - 12pm, South Alive Community Hub

### Rag Rug Workshop

– every Thursday, 10am – 12pm, South Alive Community Hub

### Youth Basketball Competition

– every Friday in November, 4.30pm, South Alive half-court beside The Pantry

## Contact details

- **Office:** Shop 6, South City Mall. PO Box 7055, South Invercargill, 9812
- **Opening hours:** Monday to Friday 10am to 2pm
- **Email:** [info@southalive.org.nz](mailto:info@southalive.org.nz)
- **Telephone:** 218 6882